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the Lines -
Palmistry simplified!

Here's how you can decipher the hidden
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Table of Contents

1) Time to unlock palm secrets – See what your palm has to say!___	5
2) A general understanding of the whole hand_____	7
3) Understanding major and minor lines_____	9
4) Identifying with Fingers – Their shape, size and fingernails_____	11
5) Do mounts indicate anything? What are major and minor mounts?_____	13
6) What is Hand dominance? _____	15
7) Palmistry for wealth, health, happiness and love_____	17
8) what are quadrangle, quadrant and great triangle?_____	19
9) Should 'Worry Lines' worry you?_____	21
10) Compiling it all together_____	23
11) Conclusion _____	24

**Chapter 1. Time to unlock palm secrets - See
what your palm has to say!**

Palmistry is an art and is a science. There are many beliefs and superstitious norms that prevail in this world. There are so many things that the human civilization chooses to believe as per their wills and wishes. Palmistry is the intricate science and art that takes one to the predictions and the foretelling of what is going to happen in the future. In this book, it is our endeavor to take you to a journey of values and fallacies so that you choose for yourself whether or not to believe in the art of palmistry.

The palm is the index of a person's past present and future. It is an age old art and is also known as Chiromancy. It is an art that has prevailed in the human civilization since times immemorial. There are so many cultures all across the globe who has determined the fate of many depending on what the palm of the person has to say. There are religious beliefs that have been involved with the art of palm reading. There are many who believe in it.

Each line across the palm of a person has a meaning according to palmistry. Truths and myths about the past, the present and the future of the person are hidden in the lines of the hands of a person. There are things like love, marriage, money, education, life span and travel that are usually disclosed in the palms. There are other things the hands might tell as well. There might be warnings of mishappenings in the future that the lines of your hand might be able to foretell. There can be a fair amount of character analysis done on the basis of the readings of the hand. There are many who religiously go to palm readers from time to

time to get solutions for the troubles that prevail in their lives. There may not be too many options they leave you with.

There is a lot of criticism that it has received from many of the scientists who choose to believe otherwise. They have proclaimed the palm readers to be a sort of cold readers and this makes them psychic. There are not too many evidences to support the authenticity of this art. Nevertheless, there are many shocking and exciting facts about this art and many mysteries yet to unravel, read on...

Chapter-2 General understanding of the whole hand

The entire hand of the person has significance when it comes to palm reading. Each curve and fold and crease has its own story to tell. The hand, according to palm reading is made of different temperaments or elements that rule the happenings of a person's life. There are so many rules and norms that are followed when there are predictions about a person. Qualities that the palm has like the color, the texture, the shape, the size and the prominence of the knuckles are an important point. Besides this the size and shape of the fingers and the fingernails are a very contributing factor in the art of Chiromancy. These attributes are a deciding factor and can determine a lot of things in the art of palm reading. The elements that govern the hands basically are Air, Earth, Fire and Water. Each has a different interpretation.

The hands that are ruled by Earth are usually said to be broad hands that are usually square shaped. They have ruddy and coarse skin. The length of the wrist to the end of the fingers is usually equal to the length of the fingers. Those palms that are ruled by Air usually have sort of rectangular or square palms that have long fingers. They also tend to have knuckles that protrude and have low set thumbs. They usually have dry skin. The hands that are ruled by fire tend to have short fingers. They have flushed hands. They have square to rectangular palms. Their length from the wrist to the end of the palm is usually smaller than the length of the fingers. The palms that are ruled by water shall have short and stout alms. They have sometimes oval shaped hands. They have likewise different traits as well.

The purpose of these temperaments is that these have a control over the traits in the nature of a person. A person that is controlled by fire might have the traits like ambition, creativity and energy. Those that are ruled by water might tend to have traits like cool nature and a relaxed attitude. There are basic lines like the head line, the heart line, the life line that tell the person about the future and the present happenings of life. A detailed study of these lines shall be continued in the next chapter...

Chapter.3 Understanding major and minor lines

There are three major lines that occur in the palms. The Heart line is the one that is visible in the top part of the palm. It is one of the most essential and important and one of the prime lines that is examined by the reader. This line starts from the top of the palm between the fingers and goes up to the edge of the palm.

This is supposed to be a very supreme line that can predict about the emotional stability, the romantic prospective, stoicism and the depression in the life of a person. It has many predictions based on its mere shape and length. It is also basically known as the heart line because it has the power to indicate about a person's heart health. Another important line is the head line. The start of this line is from the edge of the palm and goes up to the index finger and then extends towards the outside edge of the hand. This line is often connected to the life line. The head line is usually beneficial for the predictions such as the skill and the talent of a person. It indicates the intellectualism, the style of communication and the style of learning that a person has. This is the line that shows how the reasoning power of the person is. This is the line that predicts about the cerebral personality of a person.

Then is the line that is supposed to be the one that surrounds a lot of contradictive ideas and a lot of controversies. This is the life line. The positioning of this line is from the edge of the palm towards the thumb. It then goes towards the wrist. This is the line that is supposed to indicate the vigor and the zest of the person. It is a line that is useful for the prediction of the well being and the physical health of

the person. This line is supposed to reflect the changes that occur in the lives of a person.

It might also be an indication for the occurrence of events, injuries and the calamities. Though the name suggests so, the life line is not essentially an indication of the length of the life of an individual. You shall study about what the fingers of a person have to say in the following chapter...

Chapter.4 identifying with fingers - Their shape, size and fingernails

Like the hand and the palm of the person, the fingers also have an important role in the art of palmistry. There are so many mysteries that are unraveled by the mere size, shape and the fingernails of the fingers. There are a lot of qualities of a person that are decided with the help of the fingers. Many traits of a person can be found out from the fingers and the nails. If a person tends to have stout and short fingers, he/she are practical in their approach towards life.

This sort of a person would like to go by the gut feeling when it comes to the task of making a decision in life. If the hands are in proportion, the person shall tend to be balanced in the nature. Besides this, the fingers each have a different trait to control. The forefinger of an individual indicates the ego and the ambition, the confidence and the driving force of a person. The middle finger is the one that indicates the balance and the discipline in the life of a person. The ring finger is the one that tells about the creativity and the emotional expression of a person. The little finger is meant for the communication of the person. There are so many reasoning that the fingers denote.

For instance, if the little finger of a person stands out of the rest of the hand, then it is the indication of the person's independent and candid nature. A person tends to have blocked emotions if the ring finger does not tend to reach above the bottom of the nail of the middle finger. If the middle finger of a person tends to stand out from the rest of the hand, this is an indication of the serious and intense nature of the person. The person is supposed to be extremely creative

and emotional when the ring finger reaches past the bottom of the middle finger.

There is a lot secret that can be uncovered with the rings that a person wears on the fingers. They are a sign of protection and a guard for the sake of emotional well being of a person. There are things that can be inferred from the finger in which a person wears a ring. The signs on fingers are also a very essential factor that contributes towards the predictions. You shall study the importance of mounts in the next chapter..

Chapter.5. Do Mounts Indicate Anything? What are Major and Minor Mounts?

Mounts have an exceptional significance in the palmistry because these are the basis to form different lines. You can understand the importance of these mounts from their names as they resemble various planets. Planets are very prominent in the horoscope so they are in the palm. The mounts indicate the kind of personality you possess or describe various personality traits. Mounts are developed and fleshy part of the inner palm revealing the secrets of mental as well as physical characteristics of an individual.

There are total seven mounts namely: Saturn, Venus, Jupiter, Mercury, Mars, Moon and Sun. Each mount signifies something different and play unique role in the palm reading. The Saturn Mount indicates the growth of some extra-ordinary tendencies. A fully developed mount suggests a person is highly fortunate and able to reach sky scraping heights. These persons are suspicious and irritable in nature and usually neglect their family. The Venus mount indicates civilized and beautiful people with prosperous health and high ability to influence others. The absenteeism of this mount represents a life full of miseries and troubles. A fully developed Jupiter mount symbolizes the godly qualities in an individual. They are self-dependent and capable enough to change others in their favor and are very religious. An over developed mount indicates proud, selfish and self willed person.

The mercury mount symbolizes materialistic prosperity whereas the Mars Mount represents war. It is divided into Regressive Mars and Progressive Mars and its presence indicates courage, frank and fearless

behavior. The Moon mount correspond to imagination, emotions and beauty affection of an individual. The mount of Apollo or Sun is an indicator of success you achieve in your life. A prominent Sun mount indicates name and fame whereas its absence is an indicator of foolish fellow and dull-mind.

The Major and Minor Mounts act as recoding events, registers and suggest the probable results of your decisions and actions. Major mounts provide some basic information regarding the physical functionality, emotional functionality and intellectuality. These mounts are basic source of information for palmists to understand the present and predicting the future. Apart from major Mounts, there are certain Minor Mounts that are considered to analyze the palm in detail.

Mounts present in your palms indicate lots of things and each major as well as minor mount has significant role in palmistry. They are vital parameters to discover the past, understand the present and predicting the future. These are the best indicators of Person's temperament and personality.

Chapter.6 What is Hand Dominance?

The art of palm reading is gaining wide popularity across the globe by describing the exact personality and character of a person. Hands are the most important components of palm reading because palmists read the major and minor lines on the palm. Your palms say the depth of wealth, health potential, business and career, marital life, love life and person's intellectuality. According to palmists, this is an effective way to recognize any one's mentality. You must be surprised with this amazing science of predicting the personality of an unknown individual.

As far as hand dominance is concerned, the hand which is used consistently is said to be as dominant hand. The dominant hand is more skilled and can do all tasks better than other hand. Hand dominance is also known as hand preference because first choice is always enjoyed by one hand. There are many researches and studies behind hand dominance especially when it is considered with palmistry. The significance of both left and right hand is different and the lines indicate unique characteristics. According to some professional experts the left hand represents an individual's potential whereas right hand indicates realized personality.

As per some palmists, the right hand shows future and at the same time the left hand indicates past. The palmists read right hand for men and left hand for women as there are certain beliefs and assumptions regarding left and right hand. There are some palmists who demonstrate that left hand is given by god whereas it is you who made the right. The choice of reading left or right palm totally depends upon the experience and instincts of different palmists.

In palm reading, the left hand indicates relationship understanding and pattern recognition, being managed by right brain. It reflects the natural self, inner person and lateral thinking. It could also be considered as a part of personal and spiritual development. Left is "Yin" that is receptive and feminine of personality.

The right hand indicates reason, logic and language and is directed by left brain. It reflects the person's outer-self, persuade of social environment, objective self, experience and education. The right hand symbolizes linear thinking and also corresponds to the personality of "yang" which means outgoing and male. The hand which is more dominant has more influence over the personality of an individual. There are lots of other things also which influence the personality of a person such as hand shape, the lines, fingers, the mounts, the marks etc.

Chapter.7 Palmistry for wealth, health,

Happiness and love

Love, happiness and wealth are the main and most widely sought questions that you might ask a palm reader. We all want to know when we shall get married and to what sort of spouse. We all also want to know how much wealth and happiness our lives are going to be filled with. We expect the palm reader to be some sort of magician and foretell us exactly what the future holds for us. This is not a very wise thing to do. The art of palmistry can unravel many secrets but one has to be patient. Expecting instant and sure shot results is not a very wise approach. As far as the relationships in a person's life goes, it is possible to judge by the lines of the palms, whether it is going to be an arranged marriage or love. When the marriage or long term relationship is once indicated, it is possible in most cases to predict whether it is going to be a happy and harmonious one or not. The predictions might be superficial though. The intricate details of the relations are not very clearly disclosed. There may also be estimations whether the marriage or the relationship is going to last for long or is going to result in a quick break up. After this inferring is done, there have to be steps taken for the prevention of a potential break up. The family members are not very clearly indicated in the hands. There are only hints of superficial information that might be given. There may be predictions though of how many children one might have and at what point of their life. One may also be able to find out whether he/she is going to be wealthy or going to have a loss of property. The ways and the exact conditions may not be clear, but the indications are definitely there. The palm reading may

also be able to indicate which career option a person might be most suited for and this shall help you in making the best career choice for yourself. One might be able to find out if the person is creative or is technically inclined. This shall definitely open newer arenas for you because you shall have a definite direction to move towards. One is sure to find a lot of answers to some of their most heartfelt queries. It is a good option to seek for answers and then work towards making a brighter future...

Chapter8. What are quadrant quadrangle and great triangle?

Palm reading is a complex art and it has certain rules and guidelines that it follows. There are the basic rules that the art uses and on the basis of these there are predictions made. The hand is divided into four parts known as the quadrants.

These are known as the four distinct quadrants. Each of these quadrants has a separate function in the predictions. The lower part of the hand is the one that is used for the predictions regarding earthly matters. It includes the functions of the subconscious mind. The other half or the upper portion of the palm is the one that is decisive in the matters like philosophy, intellect, spirituality and the actions of the fully active and conscious mind. The quadrangles as well as the great triangle are the ones that are in the center of the palm.

The quadrangle is in the upper portion of the palm and it lies in a horizontal position amidst the lines of the palm that indicate heart and head. The great triangle is that widest part of the palm of the hand that is considering the central part of the palm. This is the part that has a border around it of the lines of the head and the life. The quadrants are the meaningful and effective parts that the palm is divided into. There is a sort of harmony and balance that has to be administered in the palms. If this balance is disturbed, the imbalance and the disharmony is the result. The great triangle is a sort of indicator for health and wellness. If the triangle is a large one, it is supposed to signify good health. This is as a result

of the line of health being removed to a higher extent by the life line of the person.

The field of actions shall be limited to a lesser amount and the views of life would be from a broader spectrum. When there is an acute upper angle, the person shall be more sensitive and shall be timid and nervous as well. The quadrangle is supposed to be ideal if it is the same throughout. It should not have any narrow tips. If this is the case then the person is level headed and controlled. This also denotes the positive and controlled attitude of the subject towards the surroundings and the people around and is an excellent trait to possess...

Chapter 9 - Worry lines

There are a lot of preoccupations in the human mind and there are a lot of things we are worried about even in our day to day lives. There may be worries related to life and career and there may be worries about family and the love life. There are people who worry about wealth and fortune and then there are others that worry about the health and the life line of the individual.

These worries are well indicated in the palms of the hands and if they are read and interpreted well, there can be solutions for the same. These are the lines that are from the base line of the thumb in the upward motion. These are the lines that have in themselves the secrets about the worries that the human mind may have. More are the lines, the more the person worries.

On the other hand, if the lines are few, then the person has one or a few things to worry about but they are serious ones. There may also be people who have negligibly few or no fine lines. These are the ones who do not worry about anything in life. This also means that their partners are sure to have many of these lines on their hands. If there is an occurrence of the worry line crossing the life line, then there is a possibility of a serious health issue in the person's life. Besides this, if the person has any of these for the future, the job of the palm analyst is to help the person come to terms with the facts and then help him/her to find alternative solutions for the same. Worry lines are those indicators that are meant to prepare the person for the hocks and the surprises that the future may hold for them. If there is a possibility of such a serious issue related to health, the person should be taught methods of self hypnosis. This shall help the person to calm down and then think what needs

to be done. There are things that can be done to get rid of these serious ailments.

This is possible if there is timely interpretation and the person is aware of the impending danger beforehand. So all one needs to do here is look for the worry lines and get them read well before the worry becomes a reality...

Chapter 10 - Compiling it all together

Palmistry is the unique art that has been there since the ancient ages. It has been a way of a lot of people who have received the answers to their questions. There have so many proofs to show that it has worked for a lot of people. In the end, it is all a matter of personal belief and trust. If one can come to the terms of believing that there are actually meaningful interpretations in the palms of the hands and that they really can affect the lives of the people, then it works for them. There are countless contradictions that are there to prove otherwise.

There are many scientists and religious heads that have claimed this to be a total fake and that they have no meaning at all. In the end there is the belief of the individual that shall categorize the person into the two of the sections. It is all a matter of personal choice and acceptance. The art has a lot of intricate details and complex forms. It has rules and norms that are to be followed. There are predictions and inferring made on the basis of these. Palm reading has a wide range from the reader sitting beneath the banyan tree, to the advanced and modern readers that charge a high amount of fee.

One just needs to remember that the quality of the reader cannot be judged by the place he sits or the way he or she functions. It is the predictions that make the reader an authentic one. One needs to be sure that the predictions and the inferring is genuine. There is another very important thing to keep in mind. One can never and should not ever completely depend on anything for the betterment of their lives. Palm reading is a great option one has to make his or her life smoother. It is only the constant individual efforts of the

person that shall finally help the person in succeeding in life.

So relying totally on it is not a good option. Besides there are thousands of imposters in the world who are extracting easy money out of people in the name of palm reading. You need to beware of them and keep away. One should still believe in God and whatever God has destined for you shall be done. This shall help a person in developing a positive attitude towards life. The inner power that prevails in every individual is the key to happy and successful life.

Conclusion

The art of interpreting the hidden meaning of the creases, lines and mounts on your hand has been around since eons. In the olden days, most people did not know their exact date and time of birth and hence palm reading or Chiromancy was viewed as the sole means of fortune telling. Palm Reading has however evolved into a comprehensive science down the years. It is now looked upon as an elaborate, coherent and a logical way of understanding ones past, present and future happenings.

In order to be an accurate palm reading master, you will have to work earnestly. Palmistry demands a great deal of perseverance and sincerity from its learners. It is usually seen that most people take it up as a hobby and gradually they get so deeply involved in the study that they end up being the masters of palm reading. So, you see, palmistry is a very fascinating piece of study. It will hold your interest towards the end.

It is hoped that the correct approach towards palmistry explained in this book will help you champion the art soon.

Your hands are the carriers of important imbedded messages. It's time you learn to decipher the veiled connotation of these mystic creases and lines.